

TIPS FOR FOLLOWING 2 STEP INSTRUCTIONS

Visual cues can often be very useful to help a child to follow 2 step instructions as it provides them with something to refer back to if they are having difficulty remembering the 2 things they need to do. It also highlights to them the order in which they need to do the 2 steps (i.e. the first picture is paired with number 1, which means it is the first action and the second picture is paired with number 2, which means it is the second action).

Use the prompt board and pictures provided to help teach a child how to follow 2 step instructions.

1. Cut out the pictures and laminate them and the board so that the activity is durable.
2. Place a picture in each of the boxes so that the number is visible at the top of the boxes.
3. Point to each picture as you give the child an instruction (e.g. Clap your hands then stamp your feet).
4. If the child has difficulty doing the actions in the correct order, ask them which picture is with number 1. This will help the child realise that this is the FIRST action and number 2 is the SECOND action.
5. Once the child is following these instructions well with the numbers exposed, move the pictures up higher in the boxes so that the numbers are covered. This will encourage the child to rely on their listening skills and not just use the numbers as a prompt.
6. Once the child is able to consistently follow these instructions with the numbers covered, turn over the pictures after you have said the instruction. This will encourage the child to learn how to remember the instruction and not just rely on the pictures as a prompt.
7. Finally, once the child is able to consistently follow the instructions with the pictures turned over, give instructions to the child that are purely verbal and do not use the picture prompts. YAY!! The child should now be able to follow 2 step instructions!!